

AIKIDO



NELSON

est. 1988

www.aikidonelson.nz



Values

Respect

Consistently display courtesy and good manners to others and lead through inspiration and example and act with modesty.

Integrity

Accept personal responsibility for the highest ethical standards of behaviour including honesty and fairness in all we do. Recognise that each of us is responsible for what we do.

Safety

Demonstrate self-control and good judgment in interactions with others and display considered responses to provocation.

Support

Support everyone to take good care of themselves. Not feel guilty for not being able to participate or contribute.

Inclusion

Everyone who shares our vision and goals and upholds these values is welcome to join us.

Commitment

Show sincerity and effort in all undertakings.

Learning

Continuously improve both in our aikido and other activities.

Cooperation

Encourage collaboration, sharing and helpfulness.

Courage

Do the right thing even when it's uncomfortable or scary.

2011 – 2012 Created in Collaboration with

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